

To qualify for disability-based housing assistance (such as HUD Section 811 or Mainstream Vouchers), you need a physical, mental, or emotional impairment that is long-lasting, limits independent living, and is verified in writing by a licensed medical professional.  HUD Exchange +3

Qualifying Impairments

- **Physical or medical conditions:** Chronic illnesses, mobility impairments, or diseases like HIV/AIDS.
- **Mental health conditions:** Serious mental illnesses like major depression, schizophrenia, or severe PTSD.
- **Developmental or cognitive conditions:** Intellectual disabilities, autism, or brain injuries.
- **Substance use disorders:** Only if coupled with another qualifying long-term disability.  HUD Exchange +2

Required Documentation

- **Professional verification:** A signed statement or letter on official letterhead from a doctor, psychiatrist, or licensed health provider.  Preferred Compliance
- **Functional impact:** Proof that the condition substantially impedes your ability to live independently and can be helped by stable housing.  HUD Exchange
- **Alternative proof:** Official benefit award letters, such as receiving Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI).  RetireGuide